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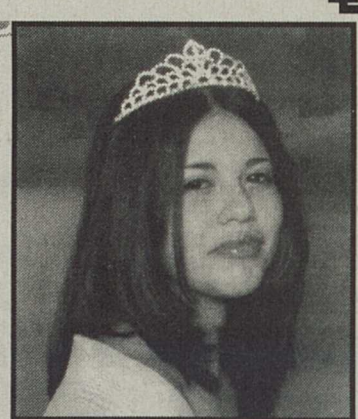
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Raynaud's Disease Occurs During Cold Temperatures

Raynaud's disease occurs when the body reacts abnormally to cold temperatures or stress, resulting in cold sensations in the hands and feet. The body naturally decreases blood supply to the extremities during exposure to cold temperatures in order to maintain the core body temperature. A person who develops Raynaud's experiences an increase in this response. Vasospasm, or a constriction of blood vessels, occurs in the arteries of the fingers and toes and leads to decreased blood flow during an attack. Emotional stress also may induce a Raynaud's attack. Women, as well as persons living in colder climates, are more likely to be affected by this condition. Although skin color may change with an attack, altered skin appearance is temporary.

Although mild symptoms of Raynaud's may be alleviated through preventive measures, prescription medications are available for more severe symptoms. Calcium channel blockers, such as nifedipine (*Adalat*, *Procardia*) and amlodipine (*Norvasc*), work to open up blood vessels and increase circulation to the hands and feet. Alpha blockers, such as prazosin (*Minipress*) and doxazosin (*Cardura*), may be prescribed. This last group of medications work to reduce constriction of blood vessels.

We thought of you with love today, but that is nothing new. We thought about you yesterday and days before that too.

We think of you in silence, we often speak your name. Now all we have is memories and your picture in a frame.

Your memory is our keepsake with which we'll never part. God has you in his keeping, we have you in our heart.

Gone But Not Forgotten
We all love you...
But God loves you the best
Happy Birthday
From your sisters
Betty, Fannie, Mamie, Sharon, Evelyn, Katie

Obituaries



Thelma Marie Adams
Thelma was born January 10, 1910 to David and Elsie Thomas in Chesterville.

She was the second of three daughters, the others were Irene and Ada, both preceded her in death.

Thelma moved with her family to the house located on West Stockbridge. She graduated from Eagle Lake School in about 1927. She then worked for the Eagle Lake Headlight for a time.

On January 19, 1931 she married Earl Stephen Adams, who had also been born in Chesterville. A short time later they moved to Houston where in 1931 she went to work at the only Sears Roebuck store in Houston. She continues to work for Sears until 1942 when her only child, a son, George Earl was born.

She remained home until 1947 when she again went to work for Sears. She continued to work for Sears except for a short time in 1965. Earl died in June of 1965 and she then returned her job and continued there until she retired in 1975. She then went to Eagle Lake to care for her mother, staying with her in her childhood home; when her mother passed away she purchased her sisters interest in the home and remained there permanently.

She continued an active lifestyle making trips to Utah, Iowa and California. She drove and continued to live by herself until she was 95. Thelma was the last member of her generation in the David Thomas family as well as the George Stephen Adams family.

Thelma is survived by her son and his wife, George and Candy

Adams, three grandchildren, four great grandchildren, many nieces and nephews, and cousins

Graveside services were held Wednesday, October 15 at Lissie Community Cemetery in Lissie at 1:00 p.m. Services were under the direction of Eagle Lake Funeral Home.

Sympathy is extended to the family in their loss.

Carolina Martinez Gaona

Carolina Martinez Gaona, 59, of Newton, Texas and former resident of Eagle Lake passed away October 7 at Christus Jasper Memorial Hospital in Jasper.

Funeral services were held Friday, October 10, at 2 p.m. at Smith Funeral Home in Newton. Burial followed at the Newton City Cemetery. Smith Funeral Home of Newton was in charge of arrangements.

Carol was born on August 16, 1949 in Hamlin, Texas and she had lived in Newton for several years.

She is survived by her husband, Jose Gaona of Newton; her mother, Severa Longoria of Snyder, Texas; step-children, Angie Ward of Newton, Edward Gaona of Kirbyville, Texas and James Lee Gaona and Mark Anthony Gaona both of Newton; sisters, Frances Luna of Alletton and Teresa Galindo of Snyder; 11 grandchildren and six great-grandchildren.

Sympathy is extended to the family in their loss.

Parish of Nativity Fest This Sunday

If you are looking for good food and entertainment for all ages...don't miss the Annual Fall Festival being hosted this Sunday (Oct.19) by the Parish of the Nativity Catholic Church in Eagle Lake. Parishioners invite the community and surrounding areas to make plans to come and share a wonderful day of fellowship.

The all-day festival will be held at the church's pavilion located at 545 S. Austin Road (across from the hospital in Eagle Lake).

Barbecue chicken with all the trimmings will be served. You can dine on the church's pavilion premises or curb service plates will be available in a convenient drive-through line. Serving will be from 11 a.m. until 1 p.m., and meal tickets are \$7 each.

The live auction, featuring lots of great items, is scheduled to begin at 1:00 p.m. A drawing for 41 prizes, all gift cards, will be held following the live auction. There will be DJ music and much, much more waiting for you and your

family throughout the afternoon. New activities featured this year will be a basketball free-throw contest and Mexican Bingo. Other activities include a country store, cake and plant walk, and a variety of food booths. Cookie Monster and SpongeBob booths will highlight this year's entertainment for the kids in addition to the duck pond and other traditional games, face painting, and the ever-popular moonwalk.

And for those with even more action in mind, there will be a horseshoe tournament beginning at 2 p.m. and a soccer tournament throughout the day.

Sunday's Eucharist will be celebrated at the newly renovated church at 310 N. Stevenson Street in Eagle Lake at 8 a.m. in Spanish and 10 a.m. in English.

The Parish of the Nativity encourages you to come out and bring the family to enjoy the day's festivities in Eagle Lake...there will be something for everyone!

5th Annual Veterans' Ball Set For Nov. 15

Bellville American Legion Post 115 and Veterans of Foreign Wars Post 6522, along with their Auxiliary Units, are pleased to announce the 6th Annual Veterans' Ball.

They will host the ball on Saturday, November 15, at the Austin County Convention & Expo Center in Bellville. The social starts at 5:45 pm with the opening colors ceremony at 6:45 pm.

This military-style ball open to the public and honors our veterans while celebrating patriotic camaraderie. The events for the evening include the opening ceremonies, rib eye steak dinner, a special guest speaker, cake cutting ceremony, and dance. Military memorabilia will be on display.

Proceeds from the Ball benefit various patriotic programs in the community sponsored by the posts and auxiliary units.

Upon the completion of the

dinner and ceremonies, The Gary Henneke Orchestra (formerly the The Gus Lindemann Orchestra) will be performing that evening for your dancing pleasure.

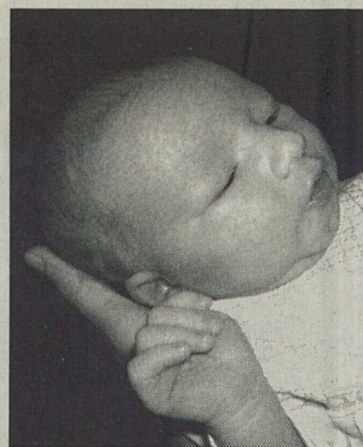
The attire for the evening will be semi-formal. Active military are encouraged to wear their Class "A"/Service Alpha uniforms. Suggested attire for civilians is coat & tie/cocktail dress. Veterans may wear either civilian attire with the headgear of their veterans' organization or military attire.

The posts and units invite everyone to attend and appreciate your support. Tickets are available in advance only and will not be available at the door.

For more information, contact Weldon Haevischer at (979) 865-5188, Harold Remmert at (979) 865-2944, DeWitt Nehrkorn at (979) 865-9330, Bernice Harlan at (979) 865-9885, or Mark Stolarski at (979) 877-5254, or E-mail Vets-Ball@hotmail.com.



New Arrivals



Stockton Louis Cranek
Mr. and Mrs. Cody Cranek of Stephenville, Texas are pleased to announce the birth of their first child, a son, born October 3 at 2:40 p.m. at Granbury Medical Center in Granbury.

Stockton Louis Cranek weighed six pounds, nine ounces and measured 19-1/2 inches at birth.

Maternal grandparents are Clayton and Kathy Conway of Canton, Texas.

Paternal grandparents are Larry "Huck" and Donna Cranek

of Garwood.

Great-grandparents are Mr. and Mrs. R.C. Conway, Sr. and Ms. Nell Banks of Canton, Mr. and Mrs. Louis Crank, Jr. of Garwood and Eugene Bures of El Campo.

The new mom is the former Anna Conway of Canton.

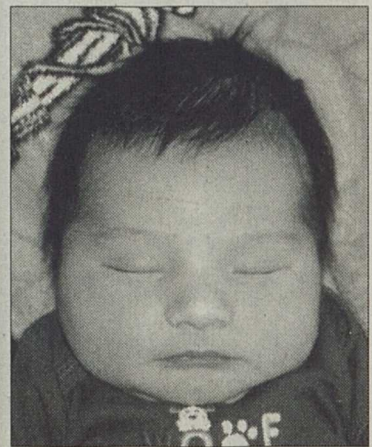
9:17 a.m. at the Gulf Coast Medical in Wharton.

The baby was named Alfonso Castillo, Jr. and weighed seven pounds, 10 ounces.

Maternal grandparents are Jimmie and Cynthia Galvan of Eagle Lake.

Paternal grandparents are Alvaro and Mary Lou Castillo of Eagle Lake.

Great-grandparents are Herlinda Casas, Odelia Galvan, Pedro and Maria De La Garza, Enemecio M. and Maria F. Castillo all of Eagle Lake.



Alfonso Castillo, Jr.
Vanessa Casas and Alfonso Castillo of Eagle Lake are pleased to announce the birth of their first child, a son, born on October 5 at

Maternal grandparents are Ruby and Lupe Gasca of Eagle Lake.

Paternal grandparents are Sarah and Luciano Suarez of East Bernard.

Great-grandparents are Lucy and Willie Gonzales of Eagle Lake and Sarah and Macario Sanchez of Conroe.

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Eagle Lake Headlight

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EQUIPPERS OUTREACH FELLOWSHIP INTERNATIONAL: 200 N. College, Weimar, Texas 78962; 979-725-8233; Pastor Jerry Adkins.
GREATER RISING STAR BAPTIST CHURCH: 580 Old Altair Road, Eagle Lake; Rev. Truman Scott Sr., Pastor; 234-2423 or 758-3745.
GREATER UNION BAPTIST CHURCH: Matthews Community; Co. Rd. 141; Rev. Lawrence C. Robertson, Pastor; 234-2581.
MT. CARMEL MISSIONARY BAPTIST CHURCH: Hwy. 90-A (Pecan Valley), Eagle Lake; Rev. H.O. Williams, Pastor; 234-5813.
LIVING HOPE CHURCH: Eagle Lake; Revs. Joe and Mercy Fling; 234-5536.
BEREA CLADIC: 623 Maple Avenue, Eagle Lake; 234-2130.
ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840.
CHRISTIAN CITY FELLOWSHIP: 1140 Meyer, Sealy; Rusty Griffin, Pastor.
THE DAY OF PENTECOST APOSTOLIC REVIVAL RISING STAR: FM 102 South, Matthews; 4 p.m. (at Mt. Zion), Rev. R.L. Carter Sr.
GREATER NEW FAITH CHURCH: 6406 Guyler, Wallis; Rev. Clay Spears, Pastor; 979-478-2169.
EAST BERNARD FIRST BAPTIST
FIRST BAPTIST: 527 N. Lake, Eagle Lake; Rev. Kevin Collison, Pastor; 234-2571.
FRIENDSHIP BAPTIST: 405 S. Lake, Eagle Lake; 234-5795.
IGLESIA BAUTISTIA GETSEMANI: 901 B Street, Eagle Lake; Rev. Mario Vasquez.
GREATER MT. OLIVE BAPTIST: Rev. Dave Curry; 709 N. Lake, Eagle Lake; 234-3545.
WRIGHT GROVE BAPTIST: Rev. T.J. Cunningham Jr.; Altair.
PROVIDENCE BAPTIST: 1207 Seaholm, Eagle Lake; Rev. Coby Shorter Jr.; 234-3735.
CHRIST EPISCOPAL CHURCH: 306 E. Stockbridge, Eagle Lake; 234-3437.
ROCK ISLAND BAPTIST: Bob Allison, Pastor.
SHERIDAN FIRST BAPTIST: FM 2437, 234-3136.
WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Road, Eagle Lake; Rev. Obie Rhodes, Pastor; 234-3800.

CHURCH OF CHRIST: Sheridan.
NEW LIFE FELLOWSHIP: Hwy. 90A, Sheridan; Del Sanford, Pastor; 234-3276.
CHRIST OUR REDEEMER-Charismatic: Jerry C. McKinney, Pastor; 979-478-7534 or 478-6512.
HOLY CROSS CATHOLIC CHURCH: East Bernard.
CATHOLIC PARISH OF THE NATIVITY: Our Lady of Perpetual Help Sanctuary; 308 N. Stevenson, Eagle Lake; 8 a.m. (Spanish), 10 a.m. (English) 6 p.m. Saturday (English), Rev. Robert F. Guerra, P.O. Box 307; 234-2842.
ST. MARY'S CATHOLIC CHURCH: Box 97, Nada; Fr. Joe Vrana; 758-3218.
GRACE LUTHERAN: 408 N. Stevenson, Eagle Lake; Services begin at 10 a.m.; Rev. Clements Richard, Pastor; 234-3381.
RHRRER MEMORIAL UNITED METHODIST: Garwood; 9 a.m. worship.
LISSIE UNITED METHODIST: Rev. Janice Kettle, Pastor; 234-2112, Lissie.
ROCK ISLAND METHODIST: Ken Sells Jr. Lay-Pastor.
UNITED METHODIST: 200 W. Prairie; Sunday School 9:30 a.m., Worship, 10:45 a.m.
FIRST PRESBYTERIAN: 106 E. State Street, Eagle Lake; 234-3368.
VINE OF THE LORD: 1300 E. State Street, Eagle Lake; Rev. Paul Aguilar, Pastor; 234-7543.
CrossRoad ASSEMBLY OF GOD: 510 Wallace, East Bernard; Pastor George Kutach; 979-335-7706.
THE CHURCH OF CHRIST OF LATTER-DAY SAINTS: 600 W. St., Sealy; Marshall Crosby, Branch Pres.
CHURCH OF CHRIST: 815 Milam, Columbus; Lynn Wilson, Minister.
THE SHEPHERD'S WAY: Interdenomination Christian Fellowship; 1225 Eagle Lake Road, Sealy, Frank Lucas, Pastor; 979-885-1225.
SOUTH POINT BAPTIST CHURCH: 6407 Hwy 71-S, Garwood; 979-758-3039.
ASSEMBLEA DE DIOS JOSANNA: 403 East Main, Eagle Lake; 979-732-1966; Pastor Romero Rodriguez Jr.
BIBLE TRUTH APOSTOLIC CHURCH: Corner of S. Wharton & E. First St., El Campo; Pastor Larry T. Smith, 979-543-2331 -non-denominational.

Bible Verse of The Week

"We are therefore Christ's ambassadors, as though God were making his appeal through us. We implore you on Christ's behalf. Be reconciled to God. God made him who had no sin to be sin for us, so that in him we might become the righteousness of God."
2 Corinthians 5:20-21
Submitted by Donna Samora

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